



# COVID-19

## Should I Get Tested?

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If you're ill and have traveled within the last 14 days to:

**China, Iran, Italy, South Korea or Japan.**

**OR**

If you have been in close contact with someone who has recently traveled to these countries:

- **CALL** your county health department (CHD).
- **SCAN** the code for the CHD finder.



**If your travel history has not put you at risk, take note:**

If you have been in close contact with someone who may have or had COVID-19, and you have symptoms of fever, cough or shortness of breath, or you have an underlying medical condition like diabetes or heart disease, or you a history of cancer,

**Call, do not visit, your CHD or health care provider.**

It's **IMPORTANT** to call ahead before visiting your CHD or health care provider. Offices must take proper steps to avoid further spread of COVID-19 when a concerned patient arrives for a medical appointment.



### Symptoms

The most common symptoms of COVID-19 are **fever, tiredness and cough.**

Some patients have aches and pains, nasal congestion, runny nose, sore throat or diarrhea.



These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell. Most people recover from the disease without needing special treatment.



**Tests are free.**

Anyone who is hospitalized with severe respiratory illness, without other diagnoses like the flu, is eligible for COVID-19 testing.

A person who is tested will have three specimens taken: oral, nasal and saliva. Samples will be given to the CHD and from there, shipped or delivered to the closest laboratory. Test results are available within 24–48 hours.

### What if I test positive for COVID-19?

- Stay home except to get medical care
- Separate yourself from other people and animals in your home
- Call ahead before visiting your doctor
- Wear a facemask
- Cover your coughs and sneezes
- Clean your hands often
- Avoid sharing personal household items
- Clean all “high-touch” surfaces everyday



**Learn more:**

[tinyurl.com/FLcdcprevention](https://tinyurl.com/FLcdcprevention)

[tinyurl.com/FLcovidsick](https://tinyurl.com/FLcovidsick)